Be A Coronavirus Fighter

Songju Ma Daemicke  Helen H. Wu
Lately, Mom, Dad, teachers, and other grown-ups are talking a lot about something called coronavirus. They cancel trips and tell you to wash your hands all the time.

What is coronavirus?
The coronavirus is a new kind of virus that causes problems with breathing. It is NOT the same as the one that causes the common cold.

The new coronavirus disease is called COVID-19. ‘CO’ stands for ‘corona,’ ‘VI’ for ‘virus,’ and ‘D’ for disease. The “19” is for the year 2019, the year it first started.

This is what the new coronavirus looks like under a microscope.
At first, it only lived in animals.  
It recently passed from animals to humans.  
Now it is spreading between humans.
When people are infected by the coronavirus, they may have a fever and a bad cough. Some have body aches. Some have trouble breathing. Some do not have any symptoms, but they can still pass the virus to others.
Many need medical treatment to help them recover.
The new coronavirus easily spreads between people. You can get infected through the coughs or sneezes of an infected person. People can also get infected by touching an object or surface that has the virus on it and then touching their mouth, nose, or eyes.
With this virus, it is best to stay at home rather than go out and play with your friends or go to a birthday party.
Although this virus is dangerous, don’t panic. Stay calm. Humans are smart! We have many ways to fight it.
Scientists are working hard to develop a vaccine. Having a vaccine could help protect people from getting sick.
Many brave doctors and nurses are working around the clock to diagnose, treat, and care for infected people.
Scientists and staff of pharmaceutical companies are working hard to make medications to treat sick people.
Workers in factories are working ceaselessly to produce face masks and protective gears.
Delivery people are sending groceries and packages to those who stay at home.
Local governments, schools and businesses are disinfecting public places and keeping them clean.

Together, we will beat it! All people should do their jobs!
What can you and your family do? Stay at home as much as possible. You can still have a lot of fun. Be creative!
You can be a helper.
Be a reading pal.
Take online courses with your teachers and classmates.
How to protect yourself and protect others?

Wash your hands frequently.
Don’t touch your face.

Keep at least 6 feet with others if you are out of your home.
Wear a mask if you go to a closed indoor place.

Eat a lot of fruits and vegetables, and drink plenty of water. Staying healthy is a way to beat the new coronavirus.
We are all together on this battle with the virus. Be careful, be smart, you can make a difference and be a virus fighter too! If you contribute your part, we’ll win the battle and soon we can go out to play with family, hug our neighbors...
... and share this beautiful world together with all people, near and far.
Songju Ma Daemicke is an award-winning Children’s book author and a former software engineer. Her book, Cao Chong Weighs an Elephant, was a Best STEM book, the Winner of CALA Best Book, Mathical Honor book, and Notable-Social-Studies Book. She lives in the Chicago suburbs with her husband and their daughters. Visit her online at songjumadaemicke.com.

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